

## SCHEDULE OF EVENTS

### MAKING KOHL

Jan 24, 2016 • 2pm to 6pm, with a panel discussion from 5-6pm • CSMVS Lawns

Kohl (also known as *surma* or *kajal*) has been used since antiquity as an eye cosmetic. Traditional belief and scientific consensus differ about its health benefits. A long-established manufacturer shows how to make *kohl* in an afternoon-long demonstration, and, with journalist-turned-lawyer Anshika Misra, discusses its safety.

### IN STITCHES WITH ANUVAB PAL AND PATCHWORKS ENSEMBLE

Feb 12, 2016 • 8:30pm to 9:30pm • NGMA

Stand up comics and theatre artists diagnose India's healthcare problems. Comedian and writer Anuvab Pal will deliver a brand new act. Puja Sarup and Sheena Khalid (Patchworks Ensemble) weave together historical and personal stories of grandmother's recipes – and more.

\* In collaboration with Kalaghoda Arts Festival.

### HEALING DANCE – KATHAK PERFORMANCE BY DEBOSMITA ROY CHOWDHURY

Feb 14, 2016 • 6pm to 6:30pm • Cross Maidan

Dancer Debosmita Roy Chowdhury grew up with a birth complication in her foot. Overcoming adversity, she completed 14 years of Kathak training, using prosthetics like the Jaipur Foot. The performance will include Vandana, an invocation to Agni; Dhamar, a pure dance presentation and Tarana, a dance with vocal accompaniment.

Choreography by Debashree Bhattacharya.

\* In collaboration with Kalaghoda Arts Festival

### TEA TASTING DEMONSTRATION

Feb 20, 2016 • 2pm to 6pm, with the main demonstration event from 5-6pm • CSMVS Lawns

Saffron Kahwa chai, Vatta chai, Masala chai, Sulemani chai... the list is endless. Explore the hidden histories of tea in India with Tea Sommelier Snigdha Manchanda, of Tea Trunk. Taste varieties and preparations said to have healing properties. Share with others your own experiences of this magical drink.

### SINGING AND INDIAN MEDICINE

Feb 28, 2016 • 6 pm to 7:30 pm • CSMVS Lawns

Indian classical vocalists have varied, intensive vocal care regimes. Neela Bhagwat and Amarendra Dhaneshwar demonstrate in performance the demands placed on the voice in Hindustani Classical music. They then join Ayurveda and Unani practitioners in a discussion on caring for the voice.

### DRAUPADI KURAVANCHI – A KATTAIKUTTU PERFORMANCE FROM TAMIL NADU

Mar 6, 2016 • 6pm to 7pm • CSMVS Lawns

*Draupadi Kuravanchi* tells the tale of Draupadi's quest to subvert the plans of the Kauravas to eliminate their cousins, the Pandavas. She takes the form of a Kuratti, a Kaurava famous for his fortune telling, knowledge of indigenous medicine and traditional tattoos. Traditionally male only, this innovative performance includes two girls.

Catch a glimpse of the two hour make-up process prior to the performance.

### COLABA AND THE BOMBAY PLAGUE OF 1896 – A WALKING TOUR LED BY SHRITI TYAGI

Mar 13, 2016 • 4pm to 6 pm • The walk starts and ends at the CSMVS gate

Visit sites in Colaba relating to the outbreak of Plague in Bombay in 1896. Shriti Tyagi of Beyond Bombay leads walkers to key landmarks associated with the devastating epidemic. Relive the stories of survivors. Hear legends of doctors and heroes who worked tirelessly to heal the sick.

Register at [info@art-x.co](mailto:info@art-x.co)

### MALLAKHAMB PERFORMANCE

Mar 20, 2016 • 5pm to 6pm • CSMVS Lawns

Renowned trainer and artist Uday Deshpande directs a demonstration of Mallakhamb, a traditional martial art from Maharashtra. Thirty students of Shree Samantha Vyayam, ranging from 6 to 80 years old, perform feats around a rope and pole. The performance will be followed by a Q&A session on the health benefits of Mallakhamb.

This series of live public events accompanies *Tabiyat: Medicine and Healing in India*, an exhibition at CSMVS (formerly Prince of Wales Museum of Western India).

All events are free of charge. No booking required, except for the walking tour.

For more information please visit:

[www.tabiyat.org](http://www.tabiyat.org)

[www.facebook.com/medicinecorner](https://www.facebook.com/medicinecorner)